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Recipe	Allergens																								
Gardeners Retreat 2023 Menu Breakfast Lite		Wheat (gluten)	Rye (gluten)	Barley (gluten)	Oats (gluten)	Crustaceans	Molluscs	Fish	Eggs	Milk	Celery	Mustard	Sesame seeds	Peanuts	Lupin	Soybeans	Sulphur dioxide and sulphites	Almonds (nuts)	Hazelnuts (nuts)	Walnuts (nuts)	Cashews (nuts)	Pecans (nuts)	Brazil (nuts)	Pistachios (nuts)	Macadamias/Queensland (nuts)
Beans on Toast	Barley (gluten), Milk, Soybeans, Wheat (gluten)	✔		✔						✔						✔									
Egg on toast	Barley (gluten), Eggs, Milk, Soybeans, Wheat (gluten)	✔		✔					✔	✔						✔									
Small Breakfast	Barley (gluten), Eggs, Milk, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten)	✔		✔					✔	✔						✔	✔								

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