

Recipe Allergen Information

Recipe	Allergens																								
	<h1>Gardeners Retreat 2023 Menu</h1> <h2>Main Meals</h2>																								
8oz Gammon Egg	Barley (gluten), Eggs, Milk, Wheat (gluten)	✔		✔					✔	✔															
8oz Gammon Pineapple	Barley (gluten), Milk, Wheat (gluten)	✔		✔						✔															
Battered Chicken Bites BBQ	Wheat (gluten)	✔																							
Battered Chicken Bites Sweet Chilli	Wheat (gluten)	✔																							
Beef Lasagne	Barley (gluten), Eggs, Milk, Mustard, Rye (gluten), Wheat (gluten) <i>May contain Eggs, Milk, Mustard, Sesame seeds, Soybeans</i>	✔	✔	✔					✔	✔		✔													
Breaded Scampi	Crustaceans, Eggs, Mustard, Wheat (gluten) <i>May contain Fish, Molluscs</i>	✔				✔			✔			✔													
Butternut Gobi Dhansak	Milk, Mustard, Wheat (gluten) <i>May contain Sesame seeds</i>	✔								✔		✔													
Cream Cheese & Broccoli Bake	Barley (gluten), Milk, Mustard, Rye (gluten), Wheat (gluten) <i>May contain Almonds (nuts), Barley (gluten), Celery, Eggs, Hazelnuts (nuts), Milk, Mustard, Pistachios (nuts), Rye (gluten), Sesame seeds, Soybeans</i>	✔	✔	✔						✔		✔													
Fish, Chips & Mushy Peas	Barley (gluten), Eggs, Fish, Milk, Mustard, Wheat (gluten) <i>May contain Eggs, Milk, Soybeans</i>	✔		✔				✔	✔	✔		✔													
Italian Chicken	Milk, Wheat (gluten) <i>May contain Soybeans</i>	✔								✔															
Loaded Brunch Omelette	Eggs, Milk								✔	✔															
Loaded Vegetarian Brunch Omelette	Eggs, Milk								✔	✔															
Sausage Egg, Chips & Peas	Eggs, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten)	✔							✔							✔	✔								
Sausage, Egg, Chips & Beans	Eggs, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten)	✔							✔							✔	✔								
Smothered Chicken	Milk, Mustard, Wheat (gluten) <i>May contain Soybeans</i>	✔								✔		✔													

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May Contain Allergen



Allergen Present

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